

Segall, Seth Zuiho, Ph.D.
sethzuihosegall@gmail.com

Bio

Seth Zuihō Segall, PhD is a clinical psychologist and Zen Buddhist priest who served on the faculties of Southeast Missouri State University (1978), Southern Illinois University at Carbondale (1979-1980), the Yale School of Medicine (1981-2009), and SUNY Purchase (2012-2017). He is a former Director of Psychology at Waterbury Hospital (1998-2004) and a former President of the New England Society for the Study of Trauma and Dissociation (1998-2000). He is a chaplain associate at White Plains Hospital, a contributing editor for *Tricycle Magazine*, a review editor for *The Humanistic Psychologist*, and the science writer for the *Mindfulness Research Monthly*.

Dr. Segall's publications include *Buddhism and Human Flourishing* (Palgrave MacMillan, 2020), *Living Zen: A Practical Guide of a Balanced Existence* (Rockridge, 2020), and *Encountering Buddhism: Western Psychology and Buddhist Teachings* (SUNY Press, 2003). He is guest co-editor (along with Belinda Khong, PhD) of a special double issue of the *The Humanistic Psychologist* (2021) devoted to controversies surrounding mindfulness. He has forthcoming chapters in the *The Philosophy of Meditation* (Routledge, TBA), and (co-written with Jean Kristeller, PhD) for the *Handbook of Positive Psychology, Religion, and Spirituality* (Springer, TBA). Dr. Segall's blog, *The Existential Buddhist*, contains 130 essays on Buddhist philosophy, ethics, history, art, meditation, and social engagement.